

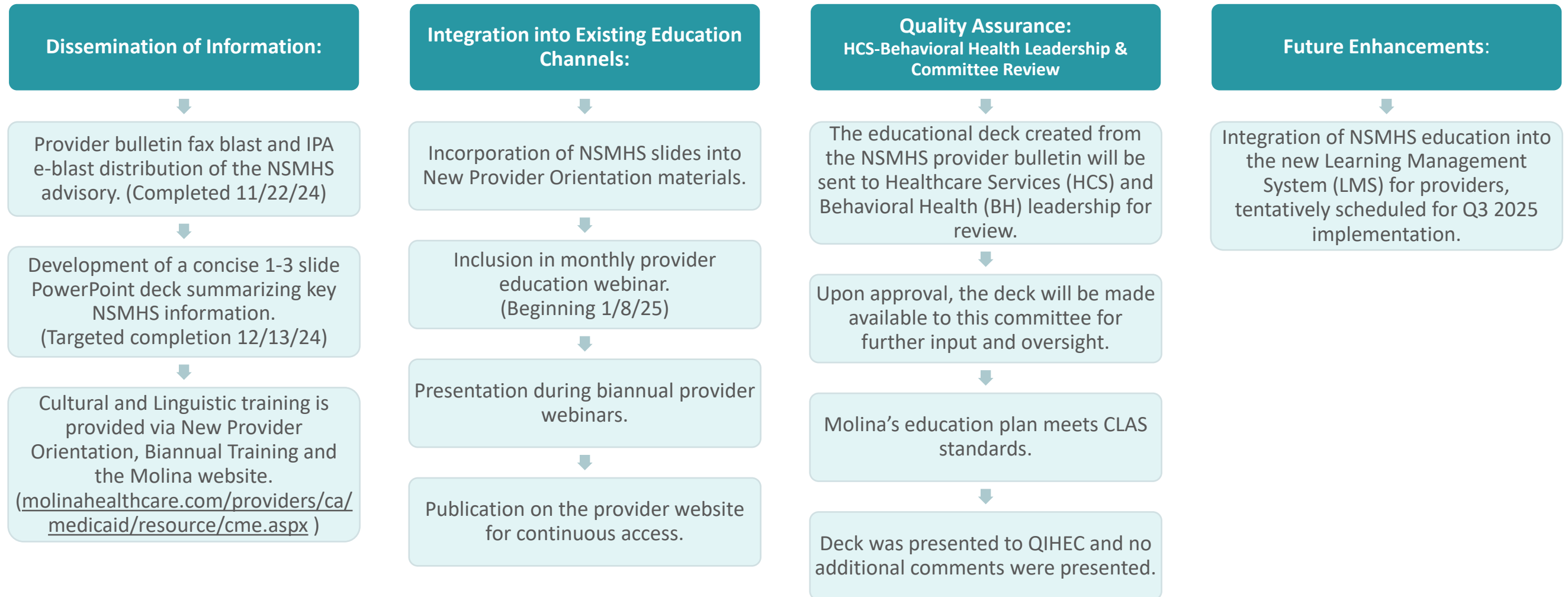
# Provider Relations Plan for Annual Outreach & Education

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APL 24-012: Non-Specialty Mental Health Services (NSMHS)

12/2/24

# Provider Relations annual outreach and education to PCPs regarding covered Non-Specialty Mental Health Services (NSMHS)



# Draft Provider Education Content

## 1. Overview of Non-Specialty Mental Health Services (NSMHS)

- **Purpose:** Enhance access and understanding of NSMHS in alignment with SB 1019 and Medi-Cal requirements.
- **What Are NSMHS?**
  - Mental health evaluation and treatment (individual, group, family therapy).
  - Psychological and neuropsychological testing.
  - Outpatient monitoring of drug therapy and psychiatric consultation.
  - Services for monitoring and prescribing medications.

## 2. Provider Responsibilities

- **Screening and Referrals:**
  - Conduct mental health screenings for all members.
  - Refer positive screenings to mental health providers or specialists.
  - Coordinate referrals to ensure no duplication of services.
- **Populations Covered:**
  - Adults (21+) with mild-to-moderate mental health needs.
  - Children and youth (under 21) eligible for EPSDT benefits.
  - Members with undiagnosed mental health symptoms.

## 3. Special Provisions

- **Perinatal Mental Health:**
  - Up to 20 therapy sessions for pregnant or postpartum individuals with specified risk factors.
- **Concurrent Services:**
  - Coordination of NSMHS and specialty mental health services (SMHS).

## 4. Implementation Requirements

- **Annual Education and Outreach:**
  - Educate PCPs and members about NSMHS availability and processes.
  - Utilize feedback to improve member access and experience.
- **Provider Support:**
  - Include NSMHS information in orientation and ongoing training.
  - Ensure awareness of resources and guidelines for referrals and treatment.

## 5. How Molina Supports Providers

- **Available Resources:**
  - NSMHS guidelines in the Medi-Cal Provider Manual.
  - Regular provider bulletins and webinars.
  - New Provider Orientation (NPO) sessions.

## 6. Provider Action and Contact Information

- **Next Steps:**
  - Review updated NSMHS processes.
  - Participate in scheduled webinars and training sessions.
  - Integrate NSMHS guidelines into practice.
- **Support Contacts:**
  - Molina Provider Relations Representatives available for guidance and questions.
  - Disseminate/attached Provider Relations contact list: [molinahealthcare.com/-/media/E5295860C0774A44AF9CA501EEDE4DC1](https://molinahealthcare.com/-/media/E5295860C0774A44AF9CA501EEDE4DC1)

# Questions?

Thank you

